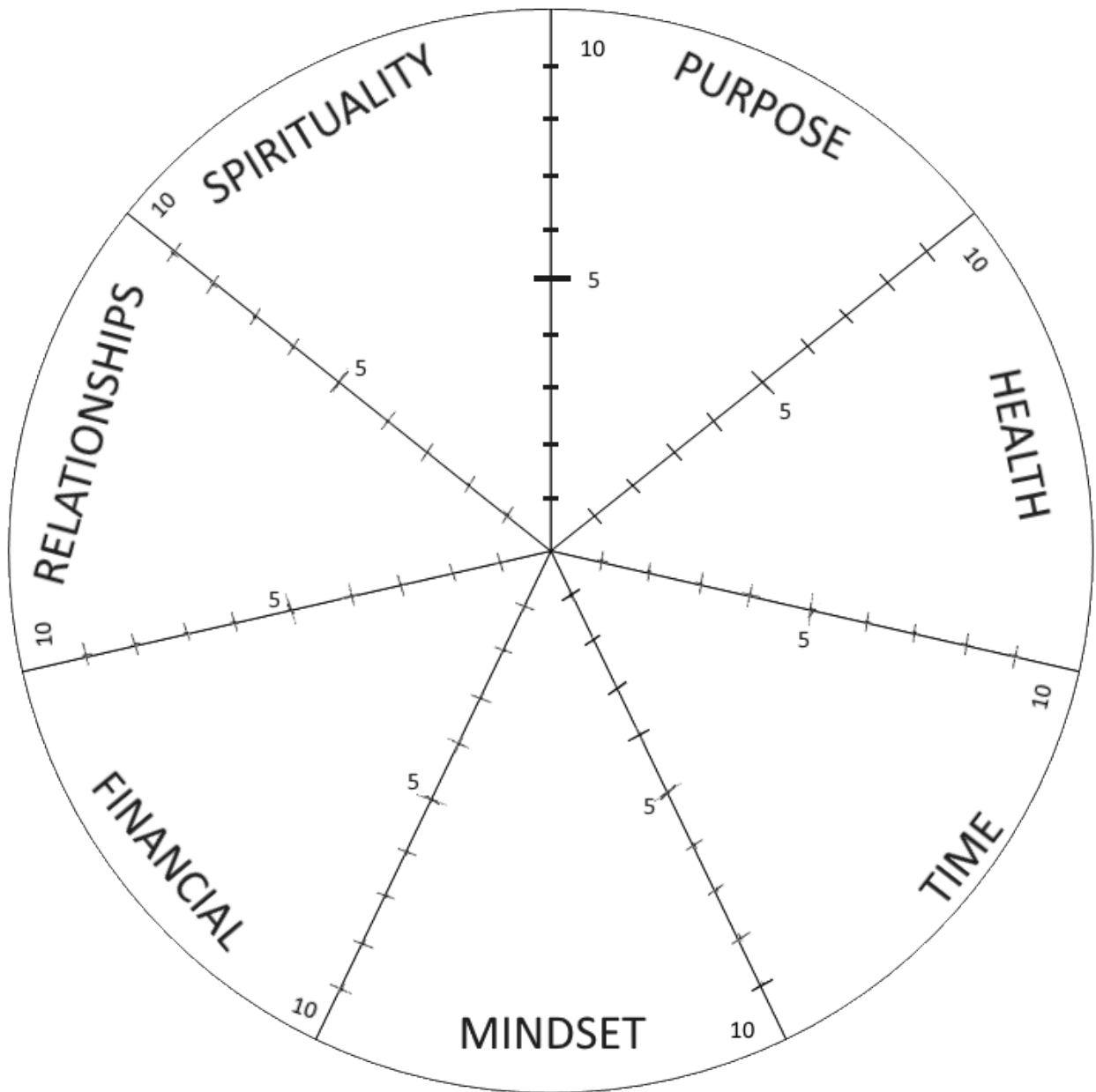




RICHER SOUL



For each area rate yourself based on the following criteria and any other factors you would like to add. While you are rating yourself, write down one item that's resulting in a higher score and the one item that's causing a lower score for each category

Purpose – Do you know your purpose and is it written down? Are you living your life in accordance with that purpose?

Health – How well do you feel about your health and how does it compare to what it should be for your age? Do you exercise regularly?

Time – Are you spending your time focused on your purpose? Do you have systems in place to remove low value work from your day so you can focus on what's most important to you?

Mindset – Do you feel abundance or scarcity? How much does life outside your control affect your attitudes and behaviors? What's your stress level? Are you enough?

Financial – How well are you executing on your wealth plan? Can you afford the life you desire to live? How is your relationship with money?

Relationships – What's your relationship level with your spouse, significant other, parents, kids, friends and business relations? Do you feel loved?

Spirituality – Do you know, understand and harmonize with whatever your religious world view is? Do you feel connected with God / Universe?

Now you can focus on improving the areas that are holding you back from balance in your life.